

**Moccasin Bend
Mental Health Institute**
100 Moccasin Bend Road
Chattanooga, TN 37405
423-265-2271

<http://state.tn.us/mental/mhs/mbmhi/moc.html>

William Ventress, Chief Officer
Admissions Office: 423-785-3358

Mission Moccasin Bend Mental Health Institute provides quality psychiatric services to individuals with severe and persistent mental illness. Working together with people we serve, the staff seeks to foster and promote the recovery of individuals entrusted to its care and their successful return to home and community.

Vision To be exceptional in everything we do.

Core Values Compassion Competence
 Integrity Respect

As a Regional Mental Health Institute for the State of Tennessee, Moccasin Bend Mental Health Institute provides acute and sub-acute adult inpatient psychiatric services twenty-four hours per day 365 days of the year. Interdisciplinary treatment is provided by a coordinated Treatment Team led by a Team Coordinator and headed by a Physician or Psychiatrist. Team members include the service recipient, Nurses, Social Workers, Psychologists, Activity Therapists, and Psychiatric Technicians. A Pastoral Counselor, Therapeutic Dietician, Forensic Coordinator, a case management agency liaison or case manager, and other ancillary staff also may be part of the treatment team.

Clinical Services, including state of the art psychiatric treatment, medical services, and pharmacology, are provided to all service recipients according to the most current and up to date best practice guidelines. Patient/Family Education promotes active participation in the treatment process, fosters recovery, and promotes successful return to home and community.

Therapeutic Recreation & Recreation Therapy provides recreational opportunities adapted to the needs of the persons served. Activities are provided both on and off the units, for small and large groups as well as individuals one-to-one. Recreation is designed to focus on a service recipient's physical and psychological health.

Discharge planning begins at admission and continues throughout hospitalization. The need for continued care is continuously reviewed by the Interdisciplinary Team in close consultation with the service recipient and significant others. Continuity of care is maintained by an active liaison with case management agencies.

Industrial therapy includes work experience and counseling regarding job-related problems or improving work skills.

MBMHI serves adults ages 18 and above, all diagnoses meeting criteria for admission under Tennessee Code Annotated.

Parkridge Valley Hospital
2200 Morris Hill Road
Chattanooga, TN 37421
423-499-2300 ♦ 800-542-9600
www.parkridgevalley.com

Parkridge Valley provides comprehensive mental health/substance abuse services to children, adolescents and adults.

Above all else, we are committed to the care and improvement of human life. In recognition of this commitment, we strive to deliver high quality, cost effective healthcare in the communities we serve.

RESPOND is a comprehensive community service designed to help you by providing 24-hour mental health/chemical dependency, crisis intervention, assessment, information and referral assistance. RESPOND provides immediate response to telephone inquiries, suggestions for appropriate action, and information about community mental health resources.

Inpatient Hospitalization Program: Adults 18-64 years

- Adult Psychiatric Continuum of Care
 - Adult Chemical Dependency Continuum of Care
 - Adult Co-Occurring Continuum of Care
- Continuum of Care includes inpatient stabilization, Partial Hospitalization and Intensive Outpatient for mental health and chemical dependency.

Partial Hospitalization Program
Adults 18-64 years Monday-Friday 9am-2pm

Intensive Outpatient Programs:
Adults 18-64 years Monday, Wednesday and Thursday 5:30-8:30pm
Chattanooga and Cleveland campuses

Intensive Outpatient Programs:
Substance Abuse Adolescents, 12-18 years old
Monday, Wednesday & Thursday 4:00pm- 6:00pm at Cleveland campus

Professionals Program is provided to persons 18-64 years of age who have serious problems with substance abuse and/or co-occurring disorders. After completing detoxification, a client will begin residential/supportive living. During this program the client will work in group process, psychoeducational groups, individual counseling, family counseling, 12-step orientation, and activity therapy.

The Children's Acute Program provides services for children between the ages of 5 and 12.

The Adolescent Acute Program provides services for adolescents between the ages of 13 and 17.

The Subacute Residential Program allows the child or adolescent with a history of failed outpatient and/or inpatient treatment additional opportunities to explore old habits or patterns of problematic/destructive behaviors and to develop new skills.

The Partial Hospitalization Program for children and adolescents are available Monday-Friday 9am-4pm.



Mental Health Services in Chattanooga, Tennessee

You Are Closer Than You Think!



Provider Phone Numbers

National Alliance on Mental Illness, Chattanooga	423-521-2590
AIM Center	423-624-4800
Fortwood Center	423-266-6751
Johnson Mental Health Center	423-634-8884
Moccasin Bend Mental Health Institute	423-265-2271
Parkridge Valley Hospital	423-499-2300

National Alliance on Mental Illness

Chattanooga Affiliate

P O Box 1015, Harrison, TN 37341

423.521.2590

namichattanooga@gmail.com

NAMI Chattanooga is the local affiliate of the National Alliance on Mental Illness (NAMI). NAMI is dedicated to improving the lives of individuals and families affected by mental illness. Originally founded in 1985, NAMI Chattanooga is a grassroots, volunteer organization of families and friends affected by mental illness, one of 45 affiliates in Tennessee. Most members are either family members or individuals whose lives have been personally touched by a severe mental illness.

NAMI Chattanooga Support Groups for Families and Friends

When: First Tuesday of each month
11:30 am to 1:00 pm.

Where: Wally's Restaurant
6521 Ringold Road, East Ridge, TN
◆

When: Third Tuesday of each month
6:30 pm to 8:30 pm

Where: Johnson Mental Health Center
420 Bell Avenue, Chattanooga, TN

Other Benefits to joining NAMI Chattanooga:

- Advocate for improving and expanding services and facilities for the mentally ill.
- Monitor federal, state and local legislation to improve laws and policies for persons with mental illness.
- Publish a monthly newsletters and you also will receive newsletters from NAMI TN, and NAMI National.
- Provide ongoing training and education classes to learn about mental illness and medications and to teach families and friends how to cope and be supportive of those with mental illness.

Fortwood Center, Inc.

1028 East 3rd Street, Chattanooga, TN 37403

423-266-6751

www.fortwoodcenter.org ◆ info@fortwoodcenter.org

Monday & Wednesday: 8:30 - 5:00

Tuesday & Thursday: 8:30 - 6:00

Friday: 8:30 - 1:00

Established in 1947, Fortwood Center is one of the largest providers of outpatient and case management mental health care in Chattanooga and Hamilton County for children and adults. Fortwood Center's primary mission is to improve the quality of life for residents of Chattanooga and Hamilton County, without regard to income, who are experiencing mental illness or emotional problems. Fortwood Center's goal is to relieve the destructive symptoms of mental illness through proper treatment and support services that promote recovery.

Children and Adolescent Programs - 6055 Shallowford Road

Outpatient Psychiatric Evaluation/Treatment; Medication as Indicated; Individual and Family Counseling; Play Therapy; Case Management;

Project BASIC onsite full-time counselor at Calvin Donaldson Academy; Parenting and Anger Management classes; Homeless Children Outreach.

Adult Programs—601 Cumberland Street & Holtzclaw Avenue
Outpatient Psychiatric Evaluation/Treatment; Medication; Individual, Family, & Geriatric Counseling; Case Management

Residential Services

- Three (3) Long Term Care Group Homes (24 beds)
- Specialized Group Home for Homeless Mentally Ill (8 beds)
- Four (4) Independent Living Apartments (8 beds)
- Outreach to Licensed Boarding Home Members

Lighthouse Peer Support Center

A consumer operated service where consumers are welcomed, valued, and encouraged on their journey to recovery. Currently over 94 members participate including outreach to individuals residing in 16 licensed boarding homes.

Payment

TennCare, Medicare, and other insurances are accepted. Arrangements are made for the uninsured. Fortwood Center is funded in part by United Way and the City of Chattanooga.

Johnson Mental Health Center

a division of

Volunteer Behavioral Health Care System

420 Bell Avenue, Chattanooga, TN 37405

423-634-8884 ◆ Fax 423-634-0813 ◆ www.vbhcs.org

Monday – Friday ◆ 8 am to 5 pm

Saturday appointments as scheduled

First time Appointments call 1-877-567-6051

Crisis Services: 634-8995 within Hamilton County;

1-800-704-2651 outside Hamilton County

Johnson Mental Health Center has a rich history of service to individuals and families of the southeastern Tennessee region. JMHC has been a vital part of the Hamilton County community for over 35 years. Today we strive to provide innovative, high quality treatment for children, adolescents and adults with mental health conditions and/or addictions problems. We provide a full continuum of community-based care that strives to meet each person's needs today and offers hope for tomorrow. We strive to empower those who utilize JMHC services in such a manner as to enable them to develop their potential and improve their quality of life while being treated with respect and dignity.

Outpatient Services Available

Medical Services	Forensic Evaluations
Counseling Services	Criminal Justice Services
Case Management	Homeless Adult & Family Outreach
Planned Respite for SED Children	

Residential Services

Community based residential facilities (four group homes and one independent-living apartment complex) which ensure safe, affordable and empathic environment for qualified adults with a history of severe

and persistent mental illness.

Crisis Services

Available 24 hours per day, 365 days per year

The **Crisis Walk-In Center** provides face-to-face assessments at 413 Spring Street; **Mobile Crisis Services** provides face-to-face assessments throughout Hamilton and surrounding counties; **Crisis Stabilization Unit**: a medically supervised facility offering short term intensive mental health treatments to adults, age 18 and older, who are experiencing serious psychiatric or behavioral problems who do not meet the criteria for other treatment resources or involuntary commitment to a psychiatric hospital; **Crisis Respite Care**: a safe environment for qualified adults experiencing psychiatric problems.

Payment

TennCare, Medicare, Safety Net, Commercial Insurance and Self-Pay are accepted. Private payment plans may be arranged when appointments are scheduled.

JMHC services are provided without regard to age, race, color, sex, religion, national origin, sexual orientation, language or disability. Special arrangements are available to accommodate individuals who have physical disabilities.

AIM Center

472 W. M. L. King Boulevard
Chattanooga, TN 37402

423-624-4800 ◆ Fax 423-648-9135

www.aimcenterinc.org

Monday - Friday ◆ 8:00 am to 4:00 pm

Admissions 423-702-8013

AIM Center provides consumer-driven psychiatric rehabilitation services that enhance recovery in the living, working, learning, and social environments.

Membership is open to persons age 18 or older who have been diagnosed with a psychiatric disorder. Documentation from a mental health service provider is needed to verify eligibility for membership.

Employment: AIM staff assists applicants who want to work, but who may face challenges in finding employment. Employment works with mental health consumers to develop work skills and navigate through the hiring process.

Education: AIM's Education Center assists mental health consumers with individualized education goals. GED and Adult Basic Education classes are held twice weekly.

Housing: AIM Center Housing was created to provide safe affordable housing for consumers who have a verified mental illness and are low income.

Wellness: AIM offers peer-led recovery education classes with curriculum such as Wellness Recovery Action Plan (WRAP), BRIDGES, Self-Determination, General Health, and Illness Management & Recovery.