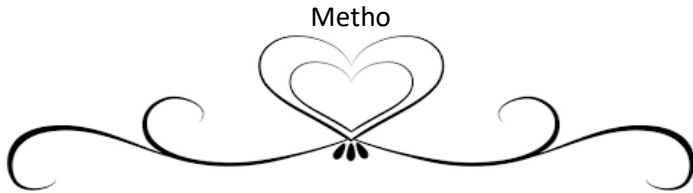


**NEWSLETTER  
FEBRUARY, 2018**

**NAMI CHATTANOOGA**  
*National Alliance on Mental Illness*  
**namichattanooga.org**

[namichattanooga@gmail.com](mailto:namichattanooga@gmail.com)  
Contact Number: 423 521-2590



**SUPPORT GROUP MEETINGS FOR  
CAREGIVERS**

There are two support group meetings per month  
You can attend the one that is most convenient or  
both

Tuesday, February 6, 2018  
Wally's Restaurant  
East Ridge Tennessee  
11:30am – 1:00pm

Tuesday, February 20, 2018  
Johnson Mental Health Facility  
420 Bell Avenue  
"North Chattanooga"  
6:30pm – 8:00pm

Current contact information for NAMI  
Chattanooga

[namichattanooga@gmail.com](mailto:namichattanooga@gmail.com)  
Contact Number: 423 521-2590

**NAMI Chattanooga Membership and Membership  
Renewal Reminder**

*Please remember to support mental health and to renew your  
membership to NAMI Chattanooga FOR 2018!*

*A membership form is on the last page of this newsletter.*

**ACTIVITIES IN JANUARY**

Some of our NAMI members were able to participate in activities and attend meetings to further advance the support of mental health.

- TDMHSA Region 3 meeting – January 8<sup>th</sup>
- Crisis Intervention Team meeting (CIT)
- Mental Health Planning Committee
- Mental Health First Aid for First Responders
- Hixson United Methodist & "Come and Reason Ministry"

*We appreciate your participation in the  
above activities.*

Please take care of your mental  
health in 2018

There are many resources available  
to assist in your recovery or the  
recovery of someone you love



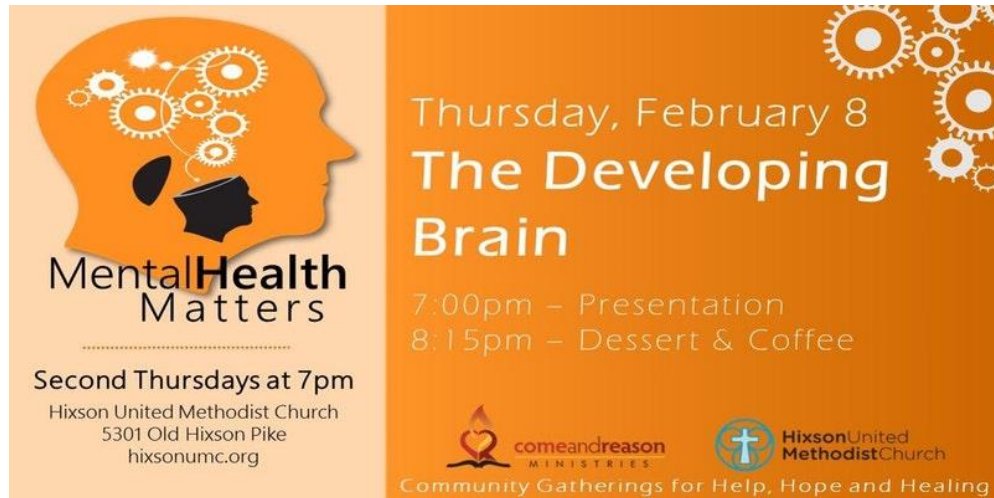
Get the support you need!

NAMI Chattanooga is here to help!

## Announcements

- A year long program by Hixson United Methodist Church in conjunction with Come and Reason Ministry. Is currently taking place.

Pastor Jim Lewis is the program coordinator. Psychiatrist, Dr. Timothy Jennings is the presenter for this year long series. Please contact NAMI Chattanooga for more information.



- The IOOV program is being “modernized”. Changes affect those already trained. Any IOOV presenter not yet contacted by Bonnie Hyler, please contact her at [bhyler@namitn.org](mailto:bhyler@namitn.org) or (615) 361-6608...ext 311.

## SAVE THE DATES

**Friday, June 27-30, 2018**

The NAMI National Convention is one of the largest annual gatherings of mental health advocates in the nation. The 2018 NAMI National Convention will convene at the [Sheraton New Orleans](#) on Canal St. in the heart of New Orleans!

This year's theme "**Live. Learn. Share hope.**" describes the NAMI experience. Our collective voice spreads hope that recovery is possible and families can be whole again.

The NAMI National Convention connects people affected by mental illness who are looking for resources, research and support. Attendees include individuals with mental illness, family members, caregivers, advocates, policymakers, educators, researchers, clinicians and press.



# Behavioral Health Day on the Hill 2018

Gather on Tennessee's Capitol Hill for a day of mental health awareness. Learn about current legislative issues, then visit your elected officials to share with them what people affected by mental illness need to thrive.

## Join Us in March 2018.

For more information contact Terry King in the NAMI Tennessee office:  
[tkking@namitn.org](mailto:tkking@namitn.org) or 615-361-6608 ext. 301



NAMI Tennessee  
National Alliance on Mental Illness



VISION OF *Hope*  
OF  
AWARD GALA

*Honoring two amazing award recipients!*



Naomi Judd



Clark Flatt

**TUESDAY, MAY 8, 2018**  
Hillwood Country Club, Nashville  
Cocktails | 6:00 PM Dinner | 7:00 PM

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

**There is hope...that's why there is**  
**NAMI CHATTANOOGA**  
*Hope*

**MEMBERSHIP FORM**

*Support Mental Health*

**NAMI Chattanooga**

Name: \_\_\_\_\_

\_\_\_\_\_

Address:


Home Phone:

--

Cell Phone: \_\_\_\_\_

Email:


May we share your information with other NAMI members: yes \_\_\_\_\_ no \_\_\_\_\_

Do you have any information or questions you would like to share or have someone call you about?

yes \_\_\_\_\_

no \_\_\_\_\_

**MEMBERSHIP COSTS**

Household: \$60.00 per household

Individual: \$40.00 per individual

Open door: \$5.00

Please make checks payable to:

NAMI Chattanooga

P.O. Box 1015

Harrison, TN 37341

*Thank you for your support of mental health!*

**MEMBERSHIP FORM**

*Support Mental Health*

**NAMI Chattanooga**

Name: \_\_\_\_\_

\_\_\_\_\_

Address:


Home Phone:

--

Cell Phone: \_\_\_\_\_

Email:


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*Thank you for your support of mental health!*